

Lunch Order

Product	What do I want for Lunch?	
1 glass of milk (250 ml)		
1 cup of coffee (125 ml)		
1 cup of tea (250 ml)		
1 slice of bread (30g)		
1 potato (100g)		
1 apple (100g)		
1 glass of apple juice (200ml)		
1 glass of orange juice (200 ml)		
1 bag of potato crisps (200g)		
1 egg (40g)		
1 hamburger (150gm)		
1 tomato (70g)		
1 orange (100g)		

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